

Pregnancy Test

REASSURANCE

Read this leaflet carefully before testing.



Over 99% accurate from the day you expect your period!

Test any time of day from the day you expect your period

Don't drink lots of liquid before testing

Never hold test with tip pointing upwards

1 Take the test

Remove from foil wrapper, take off the cap and use immediately.

Place the color change tip for **5 seconds**:



or



IMPORTANT: The color change tip will turn instantly pink showing that urine is being absorbed but you **MUST continue to hold the tip in your urine for a full 5 seconds**. Replace the cap and lay the test stick flat. If the tip does not turn completely pink, see 'Test errors'.

2 Wait

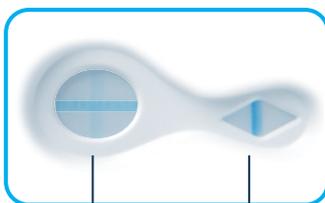


Blue lines will start to develop. If not, see 'Test errors'.
Wait 2 FULL minutes before reading your result.

3 Results

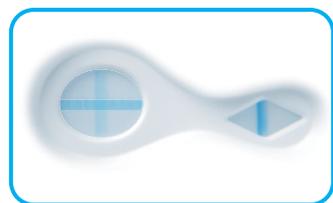
Pregnant - if your result is pregnant see your doctor (see Q1).

Picture A

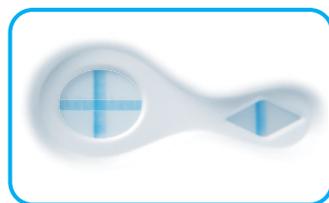


Result window Control window

Picture B

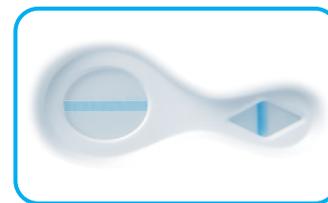


Picture C



If you are unsure of your result see Q6.

Not Pregnant (See Q2).



A blue line must be present in the control window for your result to be valid. If not, see 'Test errors'.

IMPORTANT! Read your result within **10 minutes** of testing. Disregard any changes after this time.

? Questions and answers

1 My result is Pregnant. What should I do?

See your doctor who can advise you on your next steps. It is possible to get a positive result and later find out you are no longer pregnant (see Q7).

2 My result is Not Pregnant. What does this mean?

You may not be pregnant or the level of pregnancy hormone may not yet be high enough to be detected.

Test again in 3 days' time. If the result is 'Not Pregnant' but you still suspect pregnancy, see your doctor.

3 When can I test?

You can test at any time of the day from the day you expect your period. To work out when your period is expected, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.

4 How does Clearblue® work?

It detects the pregnancy hormone hCG (human Chorionic Gonadotrophin) in urine. Test sensitivity is 25mIU/ml.

5 Can any medication or medical conditions affect the result?

Always read the manufacturers' instructions for any medication you are taking before testing. If you get unexpected results you should discuss them with your doctor. Medications containing hCG (e.g. Pregnyl^{®2} and Profasi^{®3}) can affect the result. Ectopic or recent pregnancy, even if not carried to full term, can cause misleading results.

The test should **NOT** be affected by hormone therapies containing Clomiphene citrate (e.g. Clomid^{®4}), common painkillers, alcohol, antibiotics, or the contraceptive pill.

6 What if I am unsure of my result?

For your result to be 'Pregnant' there must be a blue line in the control window and a '+' symbol in the result window within 10 minutes of testing.

It does not matter if one of the lines that make up the '+' symbol is lighter or darker than the other; the result is 'Pregnant'.

Pregnant Results

Picture A This denotes a 'Pregnant' result. If you see a '+' in the result window, even if faint, your result is pregnant.

Picture B You may see this if you are pregnant and testing around the day you expect your period as hCG levels may be relatively low.

Picture C This is more likely when you are pregnant and you are testing more than a few days after you miss your period as hCG levels are higher.

For your result to be 'Not Pregnant' there must be a blue line in the control window and a '-' (minus) symbol in the result window within 10 minutes of performing the test.

If you are still unsure of your result, you should wait at least 3 days before testing again, taking care to follow the instructions.

7 I previously tested Pregnant but have tested again and got a negative result, or my period has started. What does this mean?

It is possible to get a positive result and later find out you are no longer pregnant. This is called early pregnancy loss which is sadly not uncommon, affecting around 1 in 4 pregnancies.

Happily, most women can go on to have a healthy pregnancy afterwards.

8 Is there anything I should do if I am planning to get pregnant?

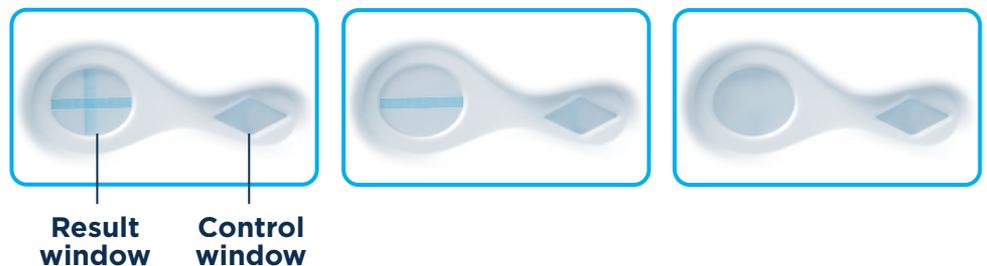
It's a good idea to speak to your doctor before you try to get pregnant. Many doctors advise folic acid or prenatal vitamin supplements, avoiding alcohol, stopping smoking, and that trying to maintain a healthy weight can be beneficial. You may also want to consider using an ovulation test to identify your most fertile days. Clearblue® offers a range to help maximize your chances of conceiving.

! Test errors

The color change tip has not turned completely pink.

You may not have applied enough urine. However, you can be sure the test has worked if the control line appears within 10 minutes of testing.

No blue line appears in the control window within 10 minutes of testing. The test has not worked, possibly because too much or too little urine was used. Test again using a new test, following the instructions carefully.



www.clearblue.com

Clearblue® Helpline

Monday-Friday 8:30 a.m. - 5:00 p.m. Eastern Time.

Toll-free. **1-800-321-3279**

Please have the product and packaging, including any foil pouches, with you when you call. Calls are recorded for training and quality control.

Home pregnancy test. Use once. For *in vitro* diagnostic use only. Not for internal use. Keep out of the reach of children. Store at 36°F-86°F (2°C-30°C).

Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated.

Do not use if the foil wrapper containing the test stick is damaged.

Do not use the test stick after expiration date.

Discard with normal household waste.

Distributed by Procter & Gamble, Cincinnati, OH 45202.

Clearblue® is a registered trademark of SPD Swiss Precision Diagnostics GmbH (SPD).

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Pat. - see www.swissprecisiondiagnostics.com/patents

99% accurate at detecting typical pregnancy hormone levels.

Note that hormone levels may vary. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the first day of the missed period or may have miscalculated the first day of their period.

²Pregnyl® is a registered trademark of Organon USA, Inc.

³Profasi® is a registered trademark of Ares Trading S.A.

⁴Clomid® is a registered trademark of Sanofi-Aventis.

The US Surgeon General advises pregnant women to abstain from alcohol consumption as this may lead to harmful effects on the baby such as Fetal Alcohol Syndrome Disorders (FASD). More information is available at www.surgeongeneral.gov.