Clearblue® Advanced Digital Ovulation Test

How to Test

1. When you are ready to test, take a test stick out of the foil and take off the cap.
2. Replace the cap, wrap off any excess urine. Keep the absorbent tip pointing down or lying flat.
3. Within 1 minute the test ready symbol will flash to show the test is working.
4. After 5 minutes the result will be displayed on the screen. Do not eject the test stick yet.
5. Read your result

Low Fertility: small chance of getting pregnant

High Fertility: increased chance of getting pregnant

Peak Fertility: highest chance of getting pregnant

- Have intercourse to increase your chances of getting pregnant.
- A rise in estrogen has been detected.
- High Fertility will be displayed until your LH surge is detected (Peak Fertility).
- Your LH surge has been detected - today and tomorrow are your most fertile days. Once the first day of Peak Fertility is displayed don’t try to test again this cycle.

6. If you don’t get a result, try testing again after you have had two cycles before testing.

7. If you have recently stopped using hormonal contraception you may have irregular ovulations. Your chances of getting pregnant may be lower so you may wish to wait until you have had two cycles before testing.

Questions and Answers

1. What happens if I don’t use the first urine after my longest sleep?

You may get unexpected High Fertility results. Test as soon as you can but drink normally.

2. If you have used all the test sticks in the pack you will

No. If you have used all the test sticks in the pack you will

3. If you have recently stopped using hormonal contraception you may have irregular ovulations. Your chances of getting pregnant may be lower so you may wish to wait until you have had two cycles before testing.

If you have recently stopped using hormonal contraception your cycles may be irregular so you may wish to wait until you have had two cycles before testing.

Please check with your physician if you are taking any medication or have any medical condition before planning a pregnancy.

How do I recycle the batteries and dispose of the holder?

If you remove the batteries from the holder you will not be able to use it again.

When you have finished using the holder, separate the upper and lower halves starting at the end nearest the display. Remove the batteries from the central metal cover, and dispose of the holder in the appropriate recycling protocol. Caution: Do not take apart, recharge, or dispose of the batteries in fire. Do not swallow. Keep away from children. Dispose of the rest of the holder according to the appropriate recycling protocol for electrical equipment. Do not dispose of electrical equipment in household waste.

Are test sticks available separately?

No, if you have used all the test sticks in the pack you will need to buy a new pack containing a holder and test sticks. Use the same test stick throughout your cycle with new test sticks.

If you have any test sticks left at the end of testing, you can use these and the Holder for your next cycle if needed.

I’ve used Clearblue® Advanced Digital Ovulation Test for several months and haven’t become pregnant. Why is this?

If you are pregnant, or have recently been pregnant, have reached menopause, have impaired liver or kidney function, have polycystic ovary syndrome, are taking fertility drugs containing clomiphene or human chorionic gonadotrophin (such as Pregnyl® and Profasi®)®, or are taking antibiotics containing tetracyclines.

Some fertility treatments such as Clomid® may give misleading results, for example if you have used all the test sticks in the pack you will

No. If you have used all the test sticks in the pack you will

LIMITS OF THE TEST

Certain medical conditions may or may not affect the reliability of this test in predicting ovulation. These can include pregnancy, post-partum, menopausal symptoms, in control pills, some fertility medications and polycystic ovary syndrome (PCOS). Women with medically diagnosed fertility problems should ask their health care professional if the product is suitable for them.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communication. However, there is no guarantee that interference will not occur in a particular installation. This equipment does not cause harmful interference to television or radio reception, which can be determined by turning the equipment on and off. If this equipment does cause harmful interference to radio communication, which can be determined by turning the equipment on and off, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.

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Patent: see www.spwpatents.com/patents

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How to take a test

1. Use the table below to work out when to start testing.
2. Day 1 of your cycle length is the total number of days from Day 1 until your next period starts.
3. If your cycle length varies use the shortest cycle over the last 6 to work out when to start testing.
4. If you don’t know how long your cycle is, wait at least one cycle and note the length of it so you know when to start testing.
5. It’s important to start testing on the day shown in the table, for example if your cycle lasts 27 days start testing on day 7. Always test using the first urine after your longest sleep.

- Always test using the first urine after your longest sleep.
- It’s important to start testing on the day shown in the table.
- A rise in estrogen is detected when an ovary - ’ovulation’. When your LH surge is detected Peak Fertility is displayed and is generally displayed after Low and High Fertility.
- High Fertility is indicated as a flashing smiley face.
- If an estrogen rise isn’t detected, or the estrogen rise and LH surge are close together, you may not see High Fertility.
- An LH surge happens about 24-36 hours before an egg is released from the ovary - ’ovulation’. When your LH surge is detected Peak Fertility is displayed and is generally displayed after Low and High Fertility.
- Clearblue® is displayed as a static smiley face (it does not flash) and stays on the display constantly for 48 hours. If your LH surge is detected on the first day of testing Peak Fertility will be displayed.
- You may not see Low, High and Peak Fertility days every cycle. This is not unusual. Refer to Questions and Answers for more information.
- Have intercourse on High and Peak Fertility days to maximize your chances of getting pregnant.

- Work out when to start testing.
- Remember to keep the absorbent tip downwards while testing.
- Read the leaflet carefully before testing.

5 important points you need to read

1. Peak Fertility is displayed constantly for 48 hours.
2. If you miss seeing your result, eject the test stick and it will reappear for another 2 minutes.
3. If you start testing on the right day and you see more than 9 High Fertility days you may wish to stop testing as it’s unlikely that you will see Peak Fertility this cycle. See question 4.
4. Only test once a day until you see High Fertility. For reliable results you must use the urine after your longest sleep. When you see High Fertility you can test more often. Drink normally and it’s important not to urinate for 4 hours before testing.
5. If you remove the batteries from the holder you will not be able to use it again.

How long is your cycle (days)? 21 or less 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 or more

Start testing on the day shown under your cycle length.

No Peak Fertility after High Fertility 8% How long is your cycle (days)? 21 or less 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 or more

Start testing on the day shown under your cycle length.

No Peak Fertility after High Fertility 8%