

clearblue

DIGITAL PREGNANCY TEST

with **CONCEPTION INDICATOR**
Tells you when you conceived

- ✓ If testing from the day your period is due, you can test at any time of the day to find out if you are pregnant.
- ✓ If testing before your period is due, use the first urine of the day.
- ✓ For an accurate Conception Indicator result, you must use the first urine of the day.
- ✓ Avoid excessive fluid intake before testing.

Please read this leaflet carefully before doing a test.

STEP 1 Do the test

When you are ready to test, remove the Test Stick from the foil wrapper and take off the blue cap. Use the Test Stick straight away.

EITHER

Test in your urine stream

- Place just the Absorbent Sampler pointing downwards in your urine stream for **5 seconds only**.
- Take care not to get the rest of the Test Stick wet.
- You may wish to replace the cap, and lie the Test Stick flat.

5 SECONDS



OR

Collect a sample of your urine in a clean, dry container

- Place just the Absorbent Sampler pointing downwards in the urine, as shown, for **20 seconds only**.
- You may wish to replace the cap, and lie the Test Stick flat.

20 SECONDS



Throughout testing **never** hold the Test Stick with the Absorbent Sampler pointing upwards.



STEP 2 Wait...

- The Wait symbol will flash to show the test is working.
- When the Wait symbol stops flashing your result will appear. If the Wait symbol does not appear after you have used the test, refer to question 6 in the Questions and Answers.



STEP 3 See your result

The **Clearblue** Digital Pregnancy Test has a **Conception Indicator** which provides an estimate of when you conceived. This information is shown on the Display together with a 'Pregnant' result.

- Within **3 minutes**, the Display will show your result.
- A 'Pregnant' result may appear on the Display **before** the Conception Indicator result. **Continue to wait** until the Wait symbol stops flashing to see your Conception Indicator result. This may take up to 3 minutes.
- Some results may be shown in as little as 1 minute.
- Your result will remain on the Display for approximately 24 hours.
- If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next. Your doctor will calculate your stage of pregnancy based on the first day of your last period. Conception occurs around 2 weeks after this, depending on your cycle length. The Conception Indicator provides an estimate of when you conceived.
- The Conception Indicator is 92% accurate at detecting when you conceived. The estimate is based on the level of the pregnancy hormone hCG (human Chorionic Gonadotropin) in your urine. The level of hCG varies from woman to woman, and it is therefore possible that the Conception Indicator might occasionally give misleading results. The accuracy of the 'Pregnant'/'Not Pregnant' result is over 99% when testing from the day the period is due.

How to interpret the results

Results	Time since conception	How your doctor will date your pregnancy (based on a 28 day cycle)*
Not Pregnant	Your result is Not Pregnant refer to question 12 in the Questions and Answers.	-
Pregnant 1-2	Your result is Pregnant and you conceived approximately 1-2 weeks ago.	3-4 weeks
Pregnant 2-3	Your result is Pregnant and you conceived approximately 2-3 weeks ago.	4-5 weeks
Pregnant 3+	Your result is Pregnant and you conceived more than 3 weeks ago.	5+ weeks

Questions and Answers

Please read the section which answers the most frequently asked questions.

Test Errors

Please read the section 'Test Errors' if you have used the Test Stick and the Display does not show any of the results on this page.

*Your doctor will date your pregnancy from the first day of your last period, not from when you conceived.

QUESTIONS & ANSWERS

1. How does Clearblue Digital Pregnancy Test work?

When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. **Clearblue** can detect tiny amounts of this hormone in your urine. Based on the level of hCG in your urine, the **Clearblue** Conception Indicator provides an estimate of when you conceived.

2. How accurate is Clearblue Digital Pregnancy Test in detecting pregnancy?

In laboratory tests **Clearblue** Digital Pregnancy Test is more than 99% accurate in detecting whether or not you are pregnant, when used from the day your period is due. If you test before your period is due and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. Refer to question 4.

3. How accurate is the Clearblue Conception Indicator?

The Conception Indicator is 92% accurate at detecting when you conceived. The estimate is based on the level of hCG in your urine. The level of hCG varies from woman to woman, and it is therefore possible that the Conception Indicator might occasionally give misleading results. The accuracy of the 'Pregnant'/'Not Pregnant' result is over 99% when testing from the day the period is due.

If you are testing more than 6 weeks after conception the Conception Indicator may give unexpected results. This is because the level of hCG in the urine is too high for the test to provide an accurate estimate of the time since conception.

4. When can I test with Clearblue Digital Pregnancy Test?

Clearblue Digital Pregnancy Test can be used up to 4 days before your period is due. If you test before your period is due and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. See the chart below for results from clinical testing of **Clearblue** Digital Pregnancy Test with early pregnancy samples.

Testing Early

Clearblue recommend that you test from the day your period is due. However, the pregnancy hormone increases rapidly in early pregnancy and **Clearblue** can be used to test up to 4 days before your period is due. In clinical testing with early pregnancy samples **Clearblue** Digital Pregnancy Test gave the following results:

Number of days before the period is due	% of samples from pregnant women giving a 'Pregnant' result
-1	98%
-2	97%
-3	86%
-4	55%

If the result is 'Not Pregnant', and pregnancy is still suspected refer to question 12.

To work out when your period is due, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.

- If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
- If you have no idea when your period is due we recommend testing not less than 19 days after the last time you had unprotected sex.

5. Can any medication or medical conditions affect the result?

- Always read manufacturers' instructions for any medication you are taking before conducting a test.
- Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false 'Pregnant' result).
- Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pill) should not affect the result.
- If you have recently stopped using hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
- If you have recently been pregnant (even if not carried to full term) you may get a false 'Pregnant' result.
- If you are in or approaching the menopause you may obtain a false positive result even though you are not pregnant. In a study of non-pregnant perimenopausal and menopausal women tested with different lots of **Clearblue** an average of 0.2% of results were positive, with a range from 0% to 0.5% for different lots. All false results were from women aged over 50 years.
- Ectopic pregnancy and ovarian cysts can give misleading results.
- Multiple and ectopic pregnancies can give misleading Conception Indicator results.
- Natural loss of the pregnancy can occur in the early stages. If you have a 'Pregnant' result it is possible that you later find out that you are not pregnant due to natural loss. Under these circumstances the Conception Indicator may give unexpected results.

If you do get unexpected results you should discuss them with your doctor.

6. I have used the Test, but the Wait symbol has not appeared. What does this mean?

The Test has not worked correctly. Please contact the **Clearblue** Careline.

7. I have used the Test but no result has appeared on the Display. What does this mean?

Your result should appear on the Display within 3 minutes. If no result appears please refer to Test Errors.

8. My test says I'm pregnant. What should I do?

If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next. The **Clearblue** Conception Indicator is only an estimate as to when conception occurred. Your doctor will estimate the stage of your pregnancy based on the first day of your last period. Conception occurs around 2 weeks after this.

9. My Test says I'm pregnant but I don't think I conceived when the Conception Indicator says I did. Is this possible?

The Conception Indicator is 92% accurate, when testing with the first urine of the day. Some medication or medical conditions may affect the result. Refer to question 5.

10. I tested yesterday and the result was 'Pregnant'. I have tested again today, and according to the Clearblue Conception Indicator the number of weeks since I conceived has reduced. What should I do?

The level of hCG fluctuates as it rises and it is therefore possible that the **Clearblue** Conception Indicator will give unexpected results if you test on consecutive days. Test again in 5 days and if the Conception Indicator results still show that the number of weeks since you conceived has reduced, please refer to question 11.

11. I tested a week ago and the result was 'Pregnant'. I have tested again, and according to the Clearblue Conception Indicator the number of weeks since I conceived has reduced. What should I do?

If you tested according to the instructions, using the first urine of the day on both occasions, and the Conception Indicator gave unexpected results, you should see your doctor.

12. My Test says I'm 'Not Pregnant'. What should I do?

- You may not be pregnant, or the level of pregnancy hormone may not be high enough to be detected, or you may have miscalculated the day your period was due.
- If you tested early, test again when your period is due.
- If your period is overdue, test again in 3 days time.
- If this Test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.

TEST ERRORS

Book Error - an error has occurred during testing. It may be that:

- The Absorbent Sampler was not kept pointing downwards or the Test was not laid flat after urine was applied.
- Too much or too little urine was applied.

You should test again using a new test taking care to follow the instructions.

Blank Error - If the Display is blank after you have used the Test please contact the **Clearblue** Careline for further information.

DISPOSING OF YOUR TEST

- Before disposing of your Test, remove the battery from the Test Stick. Insert a coin into the slot at the end, and twist to break open the back of the Test Stick.
- Remove the battery and dispose of it according to the appropriate recycling scheme. Caution: Do not disassemble, recharge, or dispose of the battery in fire. Do not swallow. Keep away from children.
- Dispose of the rest of the Test Stick according to the appropriate recycling scheme for electrical equipment.
- Do not dispose of electrical equipment in fire.



This device meets the electromagnetic emissions requirements of EN61326. Its electromagnetic emission is therefore low. Interference from other electrically driven equipment is not expected. This Test should not be used in close proximity to sources of strong electromagnetic radiation, eg mobile phones, as these may prevent the Test from working correctly. To avoid electrostatic discharge, do not use the Test in a very dry environment, especially one in which synthetic materials are present.

Home pregnancy test. Use once. For in vitro diagnostic use only. Not for internal use. Keep out of the reach of children. Store at 2°C - 30°C (36°F - 86°F). Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated. Do not use if the foil wrapper containing the Test Stick is damaged. Do not use if the Test Stick is past its expiration date. This product incorporates a battery. Dispose of in accordance with local regulations. These instructions are for model number 506741

CARELINE (Advisors available 7am - 3pm, Mon-Fri, excluding Bank Holidays.)
08705 673514 UK 1890 882 885 IRL

Calls charged at local rate and may vary by network operator. Please check with your operator for exact charges. Please be ready to quote the lot number [00] on the pack. Calls are recorded or monitored for quality control. For next steps, information and general advice relating to issues of pregnancy, visit our website at:

www.clearblue.info

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Manufactured for: SPD Swiss Precision Diagnostics GmbH,
Route de St Georges 47, 1213 Petit-Lancy, Geneva, Switzerland.
Components made in China and UK. Device assembled in China.

Packaged in the UK **Clearblue** is a trademark.