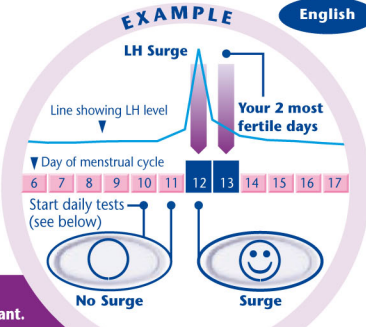


Before applying urine to the Test Stick it **MUST** be inserted into the Test Holder. Please read these instructions carefully before taking a test.

How Clearblue[®] Easy Digital Ovulation Test works with you

Clearblue[®] Easy Digital Ovulation Test works by detecting the increase (surge) in a hormone called Luteinizing Hormone (LH) in your urine. The LH surge occurs approximately 24-36 hours prior to the release of an egg from your ovaries – a process known as ovulation. You are at your most fertile on the day your LH surge is detected, and the day after.

Your 2 most fertile days begin from the time that the Clearblue[®] Easy Digital Ovulation Test detects your LH surge. Have intercourse at any time in the next 48 hours to maximize your chances of becoming pregnant.



When to start testing

The day that the LH surge occurs varies from woman to woman and from one cycle to another. To have the best chance of detecting your LH surge with the number of Test Sticks provided in this pack, you need to know your usual cycle length. To calculate your cycle length, count the day your period starts (first day of full menstrual flow) as Day 1, and continue counting through to the day before your next period starts. The number of days is your cycle length. If you do not know your usual cycle length, refer to Question 1 in Q & A. Use the table below to determine the day you should start testing. You can test any time of day, but it should be at about the same time each day (many women find it most convenient first thing in the morning). It is important that you have not urinated for at least 4 hours before testing, and you should avoid excessive fluid intake before testing.

Length of your cycle (days)	21 or less	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41 or more
Count the first day of your period as day 1, start testing on the day shown under your cycle length	5	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	See Question 2 in Q & A

1 When you are ready to test...

- Remove the Test Stick from the foil wrapper.
- Before applying urine to the Test Stick it **must be inserted** into the Test Holder. Follow the steps below.



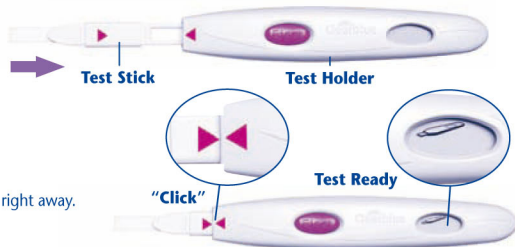
2 Remove the Cap

- Remove the cap and find the Pink Arrow on the Test Stick.



3 Assemble the Test

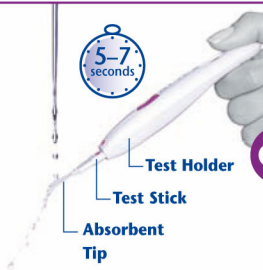
- Find the Pink Arrow on the Test Holder.
- Line up both Pink Arrows as indicated in the picture to the right.
- Insert the Test Stick into the Test Holder until it clicks into place and the Test Ready symbol appears.
- Do not use until the Test Ready symbol appears.
- When the Test Ready symbol appears perform the test right away.



- If the Test Ready symbol does not appear OR if the symbol has disappeared eject the Test Stick and re-insert it carefully.
- If the symbol still does not appear refer to Question 19 in Q & A.

4 Perform the Test

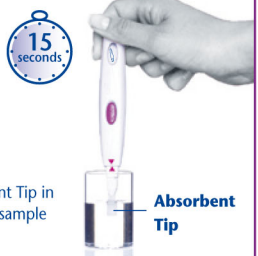
- With the Test Ready symbol showing on the Display...
- Either** test directly in your urine stream.
- Place just the Absorbent Tip, pointing downwards in your urine stream for 5-7 seconds.
- Take care not to get the Test Holder wet.



OR

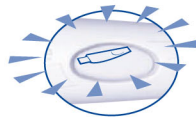
- Or** test a sample of your urine collected in a clean, dry container.

- Dip just the Absorbent Tip in your collected urine sample for 15 seconds.



5 Wait

- Keep the Absorbent Tip pointing down or lie the Test flat.
- The Test Ready symbol will start flashing after 20-40 seconds to show the test is working.
- DO NOT EJECT THE TEST STICK.**



- Replace the Cap then wipe off any excess urine.
- If the Test Ready symbol does not start flashing, refer to Question 6 in Q & A.

6 See your result

- Within 3 minutes the Display will show your result.



No LH Surge

- If your result is  you have not detected your LH surge. Test again tomorrow at the same time.



LH Surge

- If your result is  you have detected your LH surge and have reached your most fertile time. Have intercourse at anytime during the next 48 hours to maximize your chances of becoming pregnant. There is no need to continue testing during this cycle.

- The result of the Test can only be read on the Test Holder Display, not with any lines that may appear on the Test Stick.
- You may now press the Eject Button to remove the Test Stick.
- You cannot determine your result from any lines that you see on the Test Stick.
- Your result will remain on the Display for 8 minutes.
- If your Test Stick is still inserted and the Display is now blank, eject the Test Stick and the result will appear for 2 minutes.
- Do not re-insert a used Test Stick.

Error symbols



Error A

- You have ejected the Test Stick too soon. Re-insert the Test Stick into the Test Holder immediately. Refer to Question 16 in Q & A. Error symbols will display for approximately 8 minutes. Do not re-test until the error symbols have cleared.



Error B

An Error Has Occurred

- Refer to Question 17 in Q & A.



Error C

An Error Has Occurred

- Refer to Question 18 in Q & A.

FURTHER INFORMATION

Disposing of your Digital Test

- Once your result has been displayed, dispose of the Test Stick with your normal household waste. To do this, press the Eject Button on the Test Holder. The Test Stick will automatically be released. When you eject the Test Stick you may notice one or two blue lines on the Test Stick. These should be ignored; only refer to the Display on the Test Holder to determine your results. The Test Stick is not reusable.
- Once you have used all the test sticks in the pack you can dispose of the reader in your normal household waste.

Using the Test Holder Again

- While performing a test the Test Holder may have been splashed with some urine. Ensure that you wipe it clean. A further test is not possible while your result or any error symbols are on the Display. These will be displayed for 8 minutes (or 2 minutes if your display was blank and you have just ejected the Test Stick). It is important that you have not urinated for at least 4 hours before doing a test. If you have collected your urine you can use the Test Holder again as soon as the Display is blank. When you are ready to use the Test Holder again, repeat the instructions from step 1.

QUESTIONS & ANSWERS (Q & A)

1. What if I do not know my usual cycle length or, how do I know when to start testing?

If you don't know your usual cycle length you are advised to wait for at least one menstrual cycle, and note the length of this cycle, before using Clearblue® Easy Digital Ovulation Test. Once you have determined your cycle length you can use the instructions to calculate when to start testing. If you wish to start using Clearblue® Easy Digital Ovulation Test before knowing your cycle length we recommend you start testing on Day 10. (However, without determining your cycle length, it is possible you may miss your LH surge because you have started testing too late or you may need to start a new pack to continue testing. Please refer to Question 10)

2. My cycle length is outside of the range shown in the table. How will I know when to start testing?

If your cycle is 21 days or less, start testing on day 5. If your cycle is longer than 40 days, start testing 17 days before you expect your next period.

3. What time of day should I use the Test?

You may test any time of day, but you should test at approximately the same time each day. You should not have urinated for at least 4 hours before testing.

4. Do I need to use all the tests?

No. You can stop testing when you detect your LH surge, and save the remaining Test Sticks and Test Holder to use next cycle if necessary.

5. Can I use the Test Holder with any other Test Sticks?

You can only use Clearblue® Easy Digital Ovulation Test Sticks with a test holder from a Clearblue® Easy Digital Ovulation Test Pack. If you have Test Sticks left from a previous Clearblue® Easy Digital Ovulation Test Pack you can use them with the Test Holder in this pack.

6. I have done a test, but the Test Ready symbol has not started flashing. What does this mean?

The Test has not been done correctly. An error symbol will appear on the Display within 10 minutes of testing. You should re-test with a new Test Stick, once the error message has cleared.

For information on re-testing please refer to Q17 and 'Using the Test Holder again'.

7. What if the Test Holder gets wet?

If the Test Holder gets wet you should wipe it clean. Some splashing will not damage the Test Holder, but if it becomes very wet it may be damaged. If so, the Display will either remain blank or an error symbol will be displayed.

8. I have done a test, but no result has appeared on the Display. What does this mean?

Your result should appear on the Display within 3 minutes of doing a test. If no result appears an error symbol will appear on the Display within 10 minutes. Please refer to Question 17.

9. How accurate is the Clearblue® Easy Digital Ovulation Test?

The Clearblue® Easy Digital Ovulation Test has been shown in extensive laboratory trials to be over 99% accurate in detecting the LH surge prior to ovulation.

10. I've done all the tests as instructed, but I have not detected my surge. What should I do?

The number of Test Sticks in a Clearblue® Easy Digital Ovulation Test pack is sufficient for most women with regular cycles to detect their LH surge. If your cycle length varies by more than 3 days then it is possible that you may need to do more tests to detect your LH surge. You will need to start a new pack and use the new Test Holder and Test Sticks to continue testing. Refill packs containing only Test Sticks are not available. Some women do not ovulate each cycle and therefore will not see an LH surge in such cycles.

11. Can any medication or medical condition affect the result?

- Always read the manufacturer's instructions for any medication that you are taking before conducting a test.
- If you are actually pregnant, have recently been pregnant or have reached menopause, you may get a misleading result. This may also be true if you have polycystic ovarian syndrome (PCOS) or are taking certain fertility drugs. If you have a diagnosed fertility problem and/or are taking fertility drugs, ask your doctor if this test is suitable for you to use, and, if so, when to test.
- Clomiphene citrate does not affect the tests, but may affect the length of your cycle and, therefore, when you should be testing. You may need to start a new pack and use the new Test Holder and Test Sticks to recommended to continue testing. Please check with your doctor.

12. I've recently stopped using hormonal contraception (e.g. the pill). Will this affect the results?

No, it will not affect your results. However your natural hormone pattern is disrupted by hormonal contraception and if you have recently stopped using it your cycles can be irregular and may take some time to stabilize. You may wish to wait until you have had two natural menstrual cycles, and note the length of these cycles, before using the Clearblue® Easy Digital Ovulation Test.

13. Since it tells me when I am fertile, can I use Clearblue® Easy Digital Ovulation Test as a contraceptive?

No. Clearblue® Easy Digital Ovulation Test detects the LH surge, which occurs only 24-36 hours before ovulation. As sperm can survive for several days, you might still become pregnant if you had intercourse before you detected your LH surge.

14. I think I have become pregnant, what should I do?

You can find out if you are pregnant from the day your period is due by using a Clearblue®

Easy Digital Pregnancy Test. A Clearblue® Easy Digital Pregnancy test is over 99% accurate*, easy to use and gives an unmistakable result in words. If your Clearblue® Easy Digital Pregnancy Test shows you a 'Pregnant' result you should see your doctor who can advise you on what steps you should take next. The earlier you see your doctor, the better it is for your own health as well as the health of your baby.

15. I've used Clearblue® Easy Digital Ovulation Test for several months and haven't become pregnant. Can I be sure of getting pregnant?

It can take many months to become pregnant. There are many reasons why you may not become pregnant even if you've been able to have intercourse at your most fertile time. You may consider using the Clearblue® Easy Fertility Monitor, which is the most advanced method of maximizing your chances of conception. If after several months you are not pregnant, you should consult your doctor.

Error Messages

16. A flashing (Error A) symbol has appeared on the Display. What does this mean?

The Test Stick has been ejected too soon. If it is not re-inserted quickly enough then a further error symbol will appear on the Display. (see Question 17)

17. This symbol (Error B) has appeared on the Display. What does it mean?

An error has occurred during testing. It may be that:

- Urine has been applied to the Absorbent Tip before the Test Stick was inserted into the Test Holder.
- The Absorbent Tip was not kept pointing downwards or the Test was not laid flat after urine was applied.
- Too much or too little urine was applied. This symbol will be displayed for 8 minutes. When the display is blank, you should test again using a new Test Stick taking care to follow the instructions. Please refer to 'Using the Test Holder again'.

18. This symbol (Error C) has appeared on the Display. What does it mean?

An error has occurred with the Test Holder. If you have unused Test Sticks do not use them with this Test Holder. Please contact the Clearblue® Easy Helpline for further information.

19. The display has remained blank. What does it mean?

If you have not applied urine to the Test Stick eject it and start again from step 3. Otherwise, please contact the Clearblue® Easy Helpline.

LIMITS OF THE TEST

Certain medical conditions and medications may or may not affect the reliability of this test for predicting ovulation. These can include pregnancy, post-partum, menopausal symptoms, breast feeding, birth control pills, some fertility medications and polycystic ovarian syndrome (PCOS). Women with medically diagnosed fertility problems should ask their physicians if the product is suitable for them.

* 99% accurate at detecting typical pregnancy hormone levels. However, some pregnant women may not have detectable amounts of the pregnancy hormone in their urine on the first day of the missed period or may have miscalculated the first day of their period.

For further information about Clearblue® Easy, please call the Clearblue® Easy Helpline. A 24 hour, 7 days a week recorded information service is available for your use. In addition, the Clearblue Easy team is available to answer your questions between 8:30 a.m. – 5:00 p.m. Eastern Time Monday-Friday.

THE HELPLINE PHONE NUMBER IS 1-800-321-EASY(3279)

Please be ready to quote the lot number (Lot NO.) on the pack. Calls may be recorded or monitored for quality control.

For next steps, information and general advice relating to issues of pregnancy, visit our website at:

www.clearblueeasy.com

Since prenatal care is very important for a baby's health, we recommend that you consult your doctor before you try to conceive.

Home ovulation test.

For in vitro diagnostic use only.

Store at 36°–86°F (2°–30°C). Do not freeze. Keep out of the reach of children.

Do not use if the foil wrapper containing the Test Stick is damaged.

These instructions are for model number 50S121.

PN 000250-10 3/08

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Contact the dealer or an experienced radio/TV technician for help.

Test stick made in U.K. Test holder made in China. Packaged in U.S.A. Distributed by Procter & Gamble, Cincinnati, OH 45202.

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Protected by patents US 5,656,503; US 5,622,871; US 5,602,040; other rights granted and pending.

Before applying urine to the Test Stick it **MUST** be inserted into the Test Holder. Please read these instructions carefully before taking a test.

How Clearblue[®] Easy Digital Ovulation Test works with you

Clearblue[®] Easy Digital Ovulation Test works by detecting the increase (surge) in a hormone called Luteinizing Hormone (LH) in your urine. The LH surge occurs approximately 24-36 hours prior to the release of an egg from your ovaries – a process known as ovulation. You are at your most fertile on the day your LH surge is detected, and the day after.

Your 2 most fertile days begin from the time that the Clearblue[®] Easy Digital Ovulation Test detects your LH surge. Have intercourse at any time in the next 48 hours to maximize your chances of becoming pregnant.

When to start testing

If your usual cycle length is 24 days or more, start testing on Day 9 of your menstrual cycle. To work out when Day 9 is you should count the day your period starts as Day 1, and continue counting through to Day 9. This is the day you should start testing.

If your usual cycle length is less than 24 days please refer to **question 1** in Q & A.

You can test any time of the day, but it should be at about the same time each day (many women find it most convenient first thing in the morning). It is important that you have not urinated for at least 4 hours before testing, and you should avoid excessive fluid intake before testing.

1 When you are ready to test...

- Remove the Test Stick from the foil wrapper.
- Before applying urine to the Test Stick it **must be inserted** into the Test Holder. Follow the steps below.



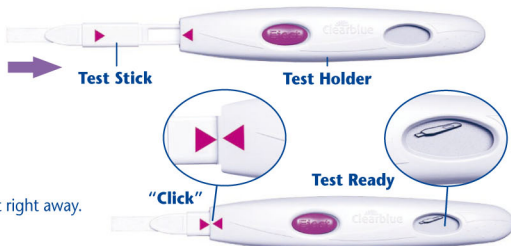
2 Remove the Cap

- Remove the cap and find the Pink Arrow on the Test Stick.



3 Assemble the Test

- Find the Pink Arrow on the Test Holder.
- Line up both Pink Arrows as indicated in the picture to the right.
- Insert the Test Stick into the Test Holder until it clicks into place and the Test Ready symbol appears.
- Do not use until the Test Ready symbol appears.
- When the Test Ready symbol appears perform the test right away.

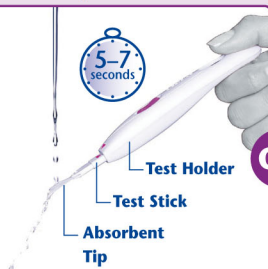


- If the Test Ready symbol does not appear OR if the symbol has disappeared eject the Test Stick and re-insert it carefully.
- If the symbol still does not appear refer to Question 18 in Q & A.

4 Perform the Test

With the Test Ready symbol showing on the Display...

- Either** test directly in your urine stream.
- Place just the Absorbent Tip, pointing downwards in your urine stream for 5-7 seconds.
- Take care not to get the Test Holder wet.



- Or** test a sample of your urine collected in a clean, dry container.

- Dip just the Absorbent Tip in your collected urine sample for 15 seconds.



5 Wait

- Keep the Absorbent Tip pointing down or lie the Test flat.
- The Test Ready symbol will start flashing after 20-40 seconds to show the test is working.
- DO NOT EJECT THE TEST STICK.**



- Replace the Cap then wipe off any excess urine.
- If the Test Ready symbol does not start flashing, refer to Question 5 in Q & A.

6 See your result

- Within 3 minutes the Display will show your result.



No LH Surge

- If your result is  you have not detected your LH surge. Test again tomorrow at the same time.



LH Surge

- If your result is  you have detected your LH surge and have reached your most fertile time. Have intercourse at anytime during the next 48 hours to maximize your chances of becoming pregnant. There is no need to continue testing during this cycle.

- Once you have read your result, you **MUST** press the Eject Button and remove the Test Stick.
- The result of your Test can only be read on the Test Holder Display.
- You cannot determine your result from any lines that you see on the Test Stick.
- Your result will remain on the Display for 8 minutes.
- If your Test Stick is still inserted and the Display is now blank, eject the Test Stick and the result will appear for 2 minutes.
- Do not re-insert a used Test Stick.

Error symbols

Error A



- You have ejected the Test Stick too soon. Re-insert the Test Stick into the Test Holder immediately. Refer to Question 15 in Q & A.
- Error symbols will display for approximately 8 minutes. Do not re-test until the error symbols have cleared.

An Error Has Occurred

Error B



- Refer to Question 16 in Q & A.

An Error Has Occurred

Error C



- Refer to Question 17 in Q & A.

FURTHER INFORMATION

Disposing of your Digital Test

- Once your result has been displayed, dispose of the Test Stick with your normal household waste. To do this, press the Eject Button on the Test Holder. The Test Stick will automatically be released. When you eject the Test Stick you may notice one or two blue lines on the Test Stick. **These should be ignored;** only refer to the Display on the Test Holder to determine your results. The Test Stick is not reusable.
- Once you have used all the Test Sticks in the pack, remove the batteries from the Test Holder by separating the upper and lower halves starting at the end nearest the Display. Remove the two round silver batteries from under the central metal cover, using a pen. Dispose of the batteries, according to the appropriate recycling scheme. **Caution:** Do not disassemble, recharge or dispose of the batteries in fire. Do not swallow. Keep away from children. Dispose of the rest of the Holder according to the appropriate recycling scheme for electrical equipment. Do not dispose of electrical equipment in fire.

Using the Test Holder Again

- While performing a test the Test Holder may have been splashed with some urine. Ensure that you wipe it clean. A further test is not possible while your result or any error symbols are on the Display. These will be displayed for 8 minutes (or 2 minutes if your display was blank and you have just ejected the Test Stick). It is important that you have not urinated for at least 4 hours before doing a test. If you have collected your urine you can use the Test Holder again as soon as the Display is blank. When you are ready to use the Test Holder again, repeat the instructions from step 1.

QUESTIONS & ANSWERS (Q & A)

1. My cycle length is usually less than 24 days. Can I use this Test?

You can use this Test, but you should start testing on Day 5 of your cycle. To work out when Day 5 is you should count the day your period starts as Day 1, and continue counting through to Day 5. This is the day you should start testing.

If your cycle length varies, but has been less than 24 days in the last 3 cycles you should start testing on Day 5.

2. What time of day should I use the Test?

You may test any time of day, but you should test at approximately the same time each day. You should not have urinated for at least 4 hours before testing.

3. Do I need to use all the tests?

No. You can stop testing when you detect your LH surge.

4. Can I use the Test Holder with any other Test Sticks?

You can only use the 20 Clearblue® Easy Digital Ovulation Test Sticks supplied with this Test Holder.

5. I have done a test, but the Test Ready symbol has not started flashing. What does this mean?

The Test has not been done correctly. An error symbol will appear on the Display within 10 minutes of testing. You should re-test with a new Test Stick. For information on re-testing please refer to Q16 and 'Using the Test Holder again'.

6. What if the Test Holder gets wet?

If the Test Holder gets wet you should wipe it clean. Some splashing will not damage the Test

Holder, but if it becomes very wet it may be damaged. If so, the Display will either remain blank or an error symbol will be displayed.

7. I have done a test, but no result has appeared on the Display. What does this mean?

Your result should appear on the Display within 3 minutes of doing a test. If no result appears an error symbol will appear on the Display within 10 minutes. Please refer to *Question 16*.

8. How accurate is the Clearblue® Easy Digital Ovulation Test?

The Clearblue® Easy Digital Ovulation Test has been shown in extensive laboratory trials to be over 99% accurate in detecting the LH surge prior to ovulation.

9. I've done all the tests as instructed, but I've not yet detected my surge. What should I do?

The number of Test Sticks in a Clearblue® Easy Digital Ovulation Test pack is sufficient for most women with regular cycles to detect their LH surge. Some women do not ovulate each cycle and therefore will not see an LH surge in such cycles.

10. Can any medication or medical conditions affect the result?

- Always read the manufacturers' instructions for any medication that you are taking before conducting a test.
- Certain medical conditions and medications can adversely affect the performance of the Test: for example if you are actually pregnant, have recently been pregnant, have reached the menopause or have polycystic ovarian syndrome you may get a misleading result. This may also be true if you are taking fertility drugs containing Luteinizing Hormone or human Chorionic Gonadotrophin (such as Pregnyl® and Profasi®)* Please check with your doctor.
- Clomid®** does not affect the tests, but may affect the length of your cycle and, therefore, when you should be testing.

11. I've recently stopped using hormonal contraception (e.g. the contraceptive pill). Will this affect the results?

No, it will not affect your results. However your natural hormone pattern is disrupted by hormonal contraception and if you have recently stopped using it your cycles can be irregular and may take some time to stabilize. You may wish to wait until you have had two natural menstrual cycles, and note the length of these cycles, before using the Clearblue® Easy Digital Ovulation Test.

12. Since it tells me when I am fertile, can I use Clearblue® Easy Digital Ovulation Test as a contraceptive?

No. Clearblue® Easy Digital Ovulation Test detects the LH surge, which occurs only 24-36 hours before ovulation. As sperm can survive for several days, you might still become pregnant if you had intercourse before you detected your LH surge.

13. I think I have become pregnant, what should I do?

You can find out if you are pregnant up to 4 days before your expected period using a Clearblue® Easy Digital Pregnancy Test. A Clearblue® Easy Digital Pregnancy Test is over 99% accurate***, easy to use and gives an unmistakably clear result in words. If your Clearblue® Easy Digital Pregnancy Test shows you a 'Pregnant' result you should see your doctor who can advise you on what steps you should take next. The earlier you see your doctor, the better it is for your own health.

14. I've used Clearblue® Easy Digital Ovulation Test for several months and haven't become pregnant. Can I be sure of getting pregnant?

It can take many months to become pregnant. There are many reasons why you may not become pregnant even if you've been able to have intercourse at your most fertile time. If after several months you've had no success, you should consult your doctor.

Error Messages

15. A flashing (Error A) symbol has appeared on the Display. What does this mean?



The Test Stick has been ejected too soon. If it is not re-inserted quickly enough then a further error symbol will appear on the Display. (see *Question 16*)

16. This symbol (Error B) has appeared on the Display. What does it mean?



An error has occurred during testing. It may be that:

- Urine has been applied to the Absorbent Tip before the Test Stick was inserted into the Test Holder.
- The Absorbent Tip was not kept pointing downwards, or the Test was not laid flat, after urine was applied.
- Too much or too little urine was applied.
- The Test Stick was ejected too soon.

This symbol will be displayed for 8 minutes. You should test again using a new Test Stick taking care to follow the instructions. Refer to 'Using the Test Holder again'.

17. This symbol (Error C) has appeared on the Display. What does it mean?



Please contact the Clearblue® Easy Helpline for further information. If you have unused Test Sticks do not use them with this Test Holder.

18. The display has remained blank. What does it mean?



If you have not applied urine to the Test Stick eject it and start again from step 3. Otherwise, please contact the Clearblue® Easy Helpline.

LIMITS OF THE TEST

Certain medical conditions and medications may or may not affect the reliability of this test for predicting ovulation. These can include pregnancy, post-partum, menopausal symptoms, breast feeding, birth control pills, some fertility medications and polycystic ovarian syndrome (PCOS). Women with medically diagnosed fertility problems should ask their physicians if the product is suitable for them.

*Pregnyl® is a registered trademark of Organon USA, Inc. Profasi® is a registered trademark of Ares Trading S.A.

**Clomid® is a registered trademark of Merrell Pharmaceuticals, Inc.

***99% accurate at detecting typical pregnancy hormone levels. However, some pregnant women may not have detectable amounts of the pregnancy hormone in their urine on the first day of the missed period or may have miscalculated the first day of their period.

For further information about Clearblue® Easy, please call the Clearblue® Easy Helpline. A 24 hour, 7 days a week recorded information service is available for your use. In addition, the Clearblue Easy team is available to answer your questions between 8:30 a.m. – 5:00 p.m. Eastern Time Monday-Friday.



THE HELPLINE PHONE NUMBER IS 1-800-321-EASY(3279)

Please be ready to quote the lot number (Lot NO.) on the pack. Calls may be recorded or monitored for quality control.

For next steps, information and general advice relating to issues of pregnancy, visit our website at:

www.clearblueeasy.com

Since prenatal care is very important for a baby's health, we recommend that you consult your doctor before you try to conceive.

Home ovulation test.
For in vitro diagnostic use only.
Store at 36–86°F (2–30°C). Do not freeze.
Keep out of the reach of children.

Do not use if the foil wrapper containing the Test Stick is damaged.
Do not use a Test Stick that has passed its expiration date.

These instructions are for model number 505121.

P/N 006935-10 5/09

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
 - Increase the separation between equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Contact the dealer or an experienced radio/TV technician for help.

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PROVISIÓN DE LA PRUEBA DE OVULACIÓN DIGITAL PARA UN MES

Antes de aplicar la orina, la tira de prueba DEBE insertarse en el dispositivo de prueba. Por favor lea cuidadosamente estas instrucciones antes de hacer la prueba.

Cómo funciona la prueba de ovulación digital Clearblue[®] Easy

La prueba de ovulación digital Clearblue[®] Easy funciona al detectar en su orina el aumento (repentino) de una hormona llamada hormona luteinizante (LH). El aumento repentino de LH ocurre aproximadamente de 24 a 36 horas antes de que sus ovarios suelten un óvulo, el proceso es conocido como ovulación. Usted está en su período más fértil el día en que se detecta el aumento de LH así como al día siguiente.

Sus 2 días más fértiles comienzan a partir del momento en que la prueba de ovulación digital Clearblue[®] Easy detecta el aumento repentino de su LH. Para aumentar su oportunidad de embarazarse, es necesario que tenga relaciones sexuales en cualquier momento en las próximas 48 horas.

Cuándo iniciar la prueba

Si su ciclo normal es de 24 días o más, empiece con la prueba el 9º día de su ciclo de menstruación. Para saber cuándo es el 9º día, debe contar el día en que inicia su menstruación como el 1er día y continuar contando hasta el 9º día. Éste es el día en que debe iniciar la prueba.

Si la duración de su ciclo normal es de menos de 24 días consulte la pregunta #1 en P y R.

Puede hacer la prueba a cualquier hora del día pero debe ser a la misma hora cada día (muchas mujeres encuentran que es más conveniente hacerlo a primera hora en la mañana). Es importante que no haya orinado al menos por 4 horas antes de hacer la prueba y debe evitar tomar demasiados líquidos antes de la prueba.

1 Cuando esté lista para hacer la prueba:

- Saque una tira de prueba de la envoltura.
- La tira de prueba **debe insertarse** en el dispositivo de prueba antes de aplicar la orina. Siga los pasos a continuación.



2 Quite la tapa

- Quite la tapa y encuentre la flecha rosa en el dispositivo de prueba.



3 Prepare la prueba

- Encuentre la flecha rosa en el dispositivo de prueba.
- Alinee las dos flechas rosas como se indica en la foto a la derecha.
- Inserte la tira de prueba en el dispositivo hasta que encaje en su lugar haciendo "clic" y aparezca el símbolo que indica que todo está listo para la prueba.
- No use el dispositivo hasta que aparezca el símbolo de listo para la prueba.
- Cuando aparezca el símbolo de que la prueba está lista, lleve a cabo la prueba inmediatamente.



- Si el símbolo de que la prueba está lista para usarse no aparece o si el símbolo ha desaparecido, expulse la tira de prueba y vuélvala a insertar con mucho cuidado.

- Si el símbolo aún no aparece consulte la pregunta #18 en P y R.

4 Lleve a cabo la prueba

- Cuando el indicador muestre el símbolo de que la prueba está lista para usarse:
- Puede hacer la prueba directamente en su flujo de orina.
- Sólo coloque la punta absorbente apuntando hacia abajo en su flujo de orina de 5 a 7 segundos.
- Tenga cuidado de no mojar el dispositivo de prueba.



OR

- O use una muestra de orina que haya recolectado en un recipiente limpio y seco.
- Sumerja sólo la punta absorbente en su muestra de orina por 15 segundos.



5 Espere

- Mantenga la punta absorbente hacia abajo o coloque la prueba en posición horizontal.
- El símbolo de que la prueba está lista iniciará en modo intermitente después de 20 a 40 segundos para indicar que la prueba está funcionando.
- **NO EXPULSE LA TIRA DE PRUEBA**
- Vuelva a colocar la tapa y limpie cualquier exceso de orina.
- Si el símbolo de que la prueba está lista no está en modo intermitente, consulte la pregunta #5 en P y R.



6 Vea su resultado

- El Indicador le mostrará el resultado en 3 minutos.



No hay aumento de LH



Aumento de LH

- Si su resultado es , no ha detectado su aumento de LH. Haga la prueba de nuevo mañana a la misma hora.
- Si su resultado es , ha detectado su aumento de LH y usted ha alcanzado su período máximo de fertilidad. Para aumentar su oportunidad de embarazarse, necesita tener relaciones sexuales a cualquier hora en las próximas 48 horas. No es necesario continuar con las pruebas durante este ciclo.

- Una vez que haya leído su resultado, **DEBE** presionar el botón de expulsión y quitar la tira de prueba.
- El resultado de su prueba solamente se puede leer en el indicador del dispositivo de prueba.
- Usted no puede determinar sus resultados mediante cualquiera de las líneas que vea en su tira de prueba.
- Su resultado permanecerá en el indicador por 8 minutos.
- Si su tira de prueba continúa insertada y el indicador está en blanco, expulse la tira de prueba y el resultado aparecerá por 2 minutos.
- No vuelva a insertar una tira de prueba que esté usada.

Símbolos de error

Error A



- Usted expulsó la tira de prueba demasiado pronto. Inmediatamente vuelva a insertar la tira de prueba en el dispositivo de prueba. Consulte la pregunta #15 en P y R.
- Los símbolos de los errores aparecerán durante 8 minutos aproximadamente. No vuelva a hacer la prueba hasta que los símbolos de errores desaparezcan.

Ha ocurrido un error

Error B



Ha ocurrido un error

Error C



Ha ocurrido un error

Error D

Ha ocurrido un error

Error E



- Consultar la pregunta #16 en P y R.

- Consultar la pregunta #17 en P y R.

INFORMACIÓN ADICIONAL

Cómo desechar la prueba digital

- Una vez que el dispositivo muestre los resultados, deseche la tira de prueba con los desperdicios usuales de su casa. Para hacerlo, presione el botón de expulsión en el dispositivo de prueba. La tira de prueba sale automáticamente. Cuando expulse la tira de prueba pudiera observar que hay dos líneas azules en la tira. Ignore estas líneas; consulte únicamente el indicador en el dispositivo de prueba para determinar sus resultados. La tira de prueba no se puede volver a usar.
- Una vez que haya usado todas las tiras de prueba en el paquete, quite las baterías del dispositivo de prueba separando las mitades superior e inferior comenzando por la punta más cercana al indicador. Con una pluma, quite las dos baterías redondas plateadas que se encuentran abajo de la cubierta central metálica. Deseche las baterías de acuerdo al método de reciclado apropiado.
- **Precaución:** No desarme, recargue ni queme las baterías. No se las trague. Manténgalo lejos del alcance de los niños. Deseche el resto del dispositivo conforme al método de reciclado apropiado para artículos eléctricos. No queme los artículos eléctricos para desecharlos.

Cómo usar el dispositivo de prueba

- El dispositivo se pudo haber salpicado de orina durante la prueba. Asegúrese de limpiarlo bien. No es posible hacer otra prueba mientras que el indicador muestre los resultados o los símbolos. El indicador los podrá mantener visibles por 8 minutos (o 2 minutos si el indicador estaba en blanco y usted acaba de expulsar la tira de prueba). Es importante que no haya orinado al menos por 4 horas antes de hacer una prueba. Si recolectó la orina puede usar el dispositivo de prueba tan pronto como el indicador esté en blanco. Cuando esté lista para usar de nuevo el dispositivo, repita las instrucciones desde el paso 1.

PREGUNTAS Y RESPUESTAS (P y R)

1. La duración de mi ciclo es menos de 24 días. ¿Puedo usar esta prueba?

Usted puede usar esta prueba pero debe empezar las pruebas en el 5° día de su ciclo. Para saber cuándo es el 5° día, debe contar el día que inicia su menstruación como el 1er día y continuar contando hasta el 5° día. Éste es el día en que debe iniciar la prueba.

Si la duración de su ciclo varía pero ha sido menos de 24 días durante los últimos 3 ciclos, debe comenzar con la prueba en el 5° día.

2. ¿A qué hora del día debo hacer la prueba?

Puede hacer la prueba a cualquier hora del día pero lo debe hacer aproximadamente a la misma hora cada día. No debe haber orinado por lo menos durante 4 horas antes de la prueba.

3. ¿Necesito usar todas las tiras de prueba?

No. Usted puede interrumpir la prueba cuando detecte un aumento repentino en su LH.

4. ¿Puedo usar el dispositivo de prueba con otras tiras de prueba?

Solamente puede usar las 20 tiras de prueba de ovulación digital Clearblue® Easy que vienen incluidas en este dispositivo de prueba.

5. Ya hice una prueba pero el símbolo de que la prueba está lista no está en modo intermitente. ¿Qué significa?

La prueba no se llevó a cabo en la forma correcta. Un símbolo de error aparecerá en el indicador a los 10 minutos de hacer la prueba. Debe volver a hacer la prueba con una tira de prueba nueva. Para obtener más información sobre cómo repetir la prueba por favor consulte la P #16 sobre “Cómo usar de nuevo el dispositivo de prueba”.

6. ¿Qué pasa si se moja el dispositivo de prueba?

Si el dispositivo de prueba se moja lo debe limpiar.

Si el dispositivo de prueba se salpica no le afecta pero si se moja demasiado se puede dañar. Si este es el caso, el indicador permanecerá en blanco o le mostrará un mensaje de error.

7. Ya hice una prueba pero no aparece ningún resultado en el indicador. ¿Qué significa esto?

Su resultado debe aparecer en el indicador en los siguientes 3 minutos después de hacer la prueba. Si no aparece ningún resultado, el indicador mostrará un símbolo de error dentro de los siguientes 10 minutos. Por favor consulte la pregunta #16.

8. ¿Qué tan exacta es la prueba de ovulación digital Clearblue® Easy?

En extensos estudios de laboratorio se ha comprobado que la prueba de ovulación digital Clearblue® Easy sobrepasa el 99% de exactitud para detectar el aumento de LH antes de la ovulación.

9. He hecho las pruebas de acuerdo a las instrucciones pero no he detectado ningún aumento. ¿Qué debo hacer?

La cantidad de tiras de prueba en el paquete de prueba de ovulación digital Clearblue® Easy es suficiente para detectar el aumento de LH en la mayoría de las mujeres con ciclos regulares. Algunas mujeres no ovulan en cada ciclo, por lo tanto, no verán un aumento de LH durante esos ciclos.

10. ¿Puede algún medicamento o condición médica afectar los resultados?

- Antes de hacer la prueba, lea siempre las indicaciones del fabricante para cualquier medicamento que esté tomando.
- Ciertas condiciones médicas y medicamentos pueden afectar de forma adversa el desempeño de la prueba: Por ejemplo, si usted ya está embarazada, ha estado embarazada recientemente, ha llegado a la menopausia o padece del síndrome de ovario poliquístico, puede obtener resultados erróneos. Lo anterior también aplica si está tomando fármacos para el tratamiento de la infertilidad que contengan la Luteinizizing Hormone (hormona luteinizante) o Chorionic Gonadotropin (Gonadotropina Coriónica) humana (como Pregnyl® y Profasi®)*. Por favor consulte a su doctor.
- Clomid®** no afecta las pruebas pero puede afectar la duración de su ciclo y, por lo tanto, el día cuando debe hacer la prueba.

11. Recientemente dejé de usar anticonceptivos hormonales (como la píldora anticonceptiva). ¿Afectará esto los resultados?

No, no afecta los resultados. Sin embargo, los anticonceptivos hormonales interrumpen su patrón hormonal natural y si los ha dejado de usar recientemente sus ciclos pueden ser irregulares y puede tomar tiempo para que se establezcan. Tal vez prefiera esperar hasta que haya tenido dos ciclos de menstruación normales y haya considerado la duración de estos ciclos antes de usar la prueba de ovulación digital Clearblue® Easy.

12. Dado que me avisa cuándo estoy en mi periodo fértil ¿puedo usar la prueba de ovulación digital Clearblue® Easy como método anticonceptivo?

No, la prueba de ovulación digital Clearblue® Easy detecta el aumento de LH que ocurre solamente de 24 a 36 horas antes de la ovulación. Usted todavía se puede embarazar si tuvo relaciones sexuales antes de detectar el aumento de LH debido a que el esperma puede sobrevivir por varios días.

13. Creo que estoy embarazada ¿qué debo hacer?

Puede averiguar si está embarazada hasta 4 días antes de la fecha esperada de su menstruación usando una prueba de embarazo digital Clearblue® Easy. Una prueba de embarazo digital Clearblue® Easy tiene un 99% de exactitud***, es fácil de usar y le da un resultado con palabras que

no deja lugar a dudas. Si el resultado que le muestra la prueba de embarazo digital Clearblue® Easy es “Pregnant” (Embarazada), debe visitar a su doctor quien le puede recomendar los siguientes pasos que debe tomar. Consultar a su doctor lo más pronto posible es lo mejor para su salud.

14. He usado la prueba de embarazo digital Clearblue® Easy por varios meses y no me he embarazado. ¿Puedo estar segura de que me voy a embarazar?

Embarazarse puede tomar meses. Existen muchas razones por las cuales usted no se pueda embarazar aún si ha tenido relaciones sexuales durante su período más fértil. Debe consultar a su doctor si no ha tenido éxito después de varios meses.

Mensajes de error

15. Un símbolo intermitente (Error A) apareció en el indicador. ¿Qué significa?



La tira de prueba ha sido expulsada demasiado pronto. Si no se vuelve a insertarla lo suficientemente rápido, aparecerá otro símbolo de error adicional en el indicador. (Leer la pregunta #16).

16. En el indicador apareció este símbolo (Error B). ¿Qué significa?



Un error ha ocurrido durante la prueba. Podría ser que:

- Se aplicó orina en la punta absorbente antes de que la tira de prueba se insertara en el dispositivo de prueba.
- La punta absorbente no se mantuvo apuntando hacia abajo o la prueba no se colocó en posición horizontal después de aplicar la orina.
- Se aplicó muy poca o demasiada orina.
- La tira de prueba se expulsó demasiado pronto. Este símbolo aparecerá por 8 minutos.

Debe hacer la prueba otra vez usando una tira de prueba nueva siguiendo las instrucciones con cuidado. Consulte “Cómo volver a usar el dispositivo de prueba”.

17. Apareció este símbolo (Error C) en el indicador. ¿Qué significa?



Por favor comuníquese con la línea de ayuda de Clearblue® Easy para obtener más información. Si tiene tiras de prueba que no haya usado, no las use con este dispositivo de prueba.

18. El Indicador continúa en blanco. ¿Qué significa?



Si no ha aplicado orina en la tira de prueba expúlsela y comience de nuevo con el paso 3. De otra manera, por favor comuníquese con la línea de ayuda de Clearblue® Easy.

LIMITACIONES DE LA PRUEBA

Ciertas condiciones médicas y medicamentos pueden o no afectar la confiabilidad de esta prueba para predecir la ovulación. Esto puede incluir embarazo, postparto, síntomas de menopausia, lactancia, píldoras anticonceptivas, algunos medicamentos para el tratamiento de la infertilidad y el síndrome de ovario poliquístico (PCOS). Las mujeres con un diagnóstico médico de problemas de fertilidad deben preguntar a su doctor si el producto es adecuado para ellas.

*Pregnyl® es una marca registrada de Organon USA, Inc. Profasi® es una marca registrada de Ares Trading S.A. **Clomid® es una marca registrada de Merrell Pharmaceuticals, Inc.

***Exactitud de un 99% para detectar niveles hormonales típicos del embarazo. Sin embargo, algunas mujeres embarazadas pueden no tener cantidades detectables de la hormona del embarazo en su orina durante el primer día cuando debería de comenzar su menstruación o pueden no haber calculado bien el primer día de ese ciclo de menstruación.

Para obtener más información sobre Clearblue® Easy, por favor llame a la línea de ayuda de Clearblue® Easy. Un servicio de información grabada está a su disposición las 24 horas del día los 7 días de la semana. Además, el equipo de Clearblue® Easy está disponible para contestar sus preguntas de las 8:30 a.m. a las 5:00 p.m. tiempo del Este de lunes a viernes.

EL NÚMERO DE TELÉFONO DE LA LÍNEA DE AYUDA ES EL 1-800-321-EASY(3279)

Por favor esté lista para proporcionar el número de lote (Lot No.) en el paquete. Las llamadas se pueden grabar o monitorear para asegurar el control de calidad.

Para los pasos siguientes, información y recomendaciones generales relativas a cuestiones del embarazo, visite nuestro sitio en la Internet:

www.clearblueeasy.com

Dado que los cuidados prenatales son muy importantes para la salud del bebé, recomendamos que consulte a su doctor antes de que trate de concebir.

Este dispositivo cumple con la sección 15 de las reglas de la FCC. Su operación está sujeta a las siguientes dos condiciones:

Este dispositivo puede no generar interferencia dañina y (2) debe aceptar cualquier interferencia que reciba, incluso interferencia que pueda ocasionar que opere de forma no deseada.

NOTA: Este equipo ha pasado las pruebas y cumple con los límites para un dispositivo digital Clase B conforme a la sección 15 de las reglas de la FCC. Estos límites están diseñados para proporcionar una protección razonable contra una interferencia dañina en una instalación residencial. Este equipo genera, usa y puede emitir energía de radio frecuencia y, si no se instala y se usa de acuerdo a las instrucciones, puede generar interferencia dañina para las radiocomunicaciones. Sin embargo, no existe garantía alguna de que la interferencia no ocurra en una instalación en particular. Si este equipo genera interferencia dañina en la recepción de radio o televisión, lo cual se puede determinar encendiendo y apagando el equipo, se le anima al usuario a que trate de corregir la interferencia tomando una o más de las siguientes medidas.

- Cambie la orientación o la ubicación de la antena receptora.
- Aumente la separación entre la antena y el receptor.
- Conecte el equipo a una toma de corriente en un circuito diferente de donde está conectado el receptor.
- Comuníquese con el distribuidor o con un técnico especializado en radio o televisión para obtener ayuda.

Hecho en China. Distribuido por Procter & Gamble, Cincinnati, OH 45202.

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Prueba de ovulación casera. Para diagnóstico in vitro solamente.

Guárdese a una temperatura entre los 36° y 86°F (2° y 30° C). No lo ponga en el congelador. Manténgalo lejos del alcance de los niños.

No lo use si la envoltura que contiene las tiras de prueba está dañada. No use una tira de prueba que ha excedido su fecha de caducidad.

Estas instrucciones son para el modelo número 505121.